



# Chagrin Yoga 2018 Teacher Training

## APPLICATION

### Chagrin Yoga 200 Hour Level Teacher Training Program

#### Tuition

Cost breakdown for the Chagrin Yoga Teacher Training 200 hour program:

Tuition: \$3200

*(Half (\$1600) is due at signing enrollment agreement unless arrangements have been made with Darcy Providente and Robin Peavy. On Day 1 of the training, please arrive at 7:30am (30 minutes early) for registration, meet-and-greet, and to make any payments before the training begins. Pay in full by Sunday, October 14, 2018.)*

Tuition includes 180 classroom hours, required reading materials and a free yoga package. Enrolled students are extended a 15% discount on all boutique purchases and unlimited classes at Chagrin Yoga (taught by CY staff) for the duration of enrollment in the program. There is no fee for required classroom observations. Make ups for missed hours can be through workshops at ½ price.

Chagrin Yoga educational programs are a serious commitment for participants and teachers. Space is limited and a deposit is required to hold your space for a session. To reserve your place in the training you must submit your application with signed enrollment agreement along with your deposit. Please speak to Darcy. You may call her at 216-513-4662.

#### Personal Information

Name \_\_\_\_\_ Date \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Primary Phone \_\_\_\_\_ Mobile / Home / Work (circle one)

Secondary Phone \_\_\_\_\_ Mobile / Home / Work (circle one)

Email \_\_\_\_\_

Referred by \_\_\_\_\_

## **Program Information**

How did you learn about the Chagrin Yoga Teacher Training program?  
(Please check all that apply.)

- I practice at Chagrin Yoga
- Internet search
- My yoga teacher recommended it (please list teacher's name):  
\_\_\_\_\_
- Advertisement (please list source) \_\_\_\_\_
- A friend told me about it
- Conference
- Facebook
- Instagram
- Chagrin Yoga Newsletter

## **About You**

1. How many years have you been practicing yoga? \_\_\_\_\_
2. How many days per week do you practice yoga? \_\_\_\_\_
3. What style of yoga do you usually practice? \_\_\_\_\_
4. At which yoga studios do you currently practice? \_\_\_\_\_
5. Do you have a home practice? Yes No (circle one)
6. Who have been your primary yoga teachers? \_\_\_\_\_
7. Do you practice meditation or pranayama? \_\_\_\_\_
8. Is this your first teacher training or in-depth study? Yes No (circle one)

If no, please list prior yoga trainings or experiences:

- \_\_\_\_\_
9. Are you currently teaching yoga? Yes No (circle one)  
If yes, for how many years have you been teaching? \_\_\_\_\_  
Where do you teach? \_\_\_\_\_  
What style do you teach? \_\_\_\_\_

10. Why are you interested in Chagrin Yoga Teacher Training?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

11. What are your expectations for this training? What do you hope to achieve at the completion of the program?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## **Medical History**

Please complete the medical history section below so that we can be sure to respond to any emergencies should they occur during your training. Please note that none of your responses will exclude you from being accepted into the program.

1. How would you evaluate your current health?
  - Excellent
  - Good
  - Fair
  - Some Challenges (briefly describe) \_\_\_\_\_
  
2. Do you suffer from any of the conditions below?
  - Epilepsy
  - Diabetes
  - No, I do not suffer from the above conditions to the best of my knowledge.
3. Are you pregnant or do you plan to become pregnant during the course of training?
  - Yes
  - No
4. Are you currently or during the last two years have you been under the care of a physician or mental health care professional?  
\_\_\_\_\_  
\_\_\_\_\_
5. Please list medications you are taking that have been prescribed by your physician or mental health care professional.  
\_\_\_\_\_  
\_\_\_\_\_

## **Payment Information**

A deposit and the Enrollment Agreement are due with your application in order to secure your space in the training. You may choose to pay the deposit or the full payment at this time (please indicate below).

*Full payment is required no later than Sunday, October 14, 2018.*

- I am paying cash with discount.
- I am paying by check.
- I am paying by credit card.
- Payment Schedule

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## **Complete Signature**

**Please email your application to [darcyprov@gmail.com](mailto:darcyprov@gmail.com) or fax to (440) 247-4882 or leave your application at the front desk at Chagrin Yoga.**